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# Intertidal beach profile estimation from reflected wave measurements

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## Abstract

The intertidal beach profile provides coastal engineers and managers with a good indication of the current state of a sandy coastline, however regular beach profile measurements are time consuming and expensive to obtain using conventional surveying methods. The potential to reconstruct the intertidal beach profile from measurements of reflected waves is tested here using three field datasets covering a different range of hydro-morphological conditions from dissipative, to reflective. The swash is found to behave as a low-pass filter on reflected waves, with a cut-off frequency that primarily depends on the swash slope. An agreement is found between video-derived swash spectrum saturation tail and the shortest reflected waves, computed from deep water directional wave measurements. By integrating this swash slope over a tidal cycle, the shape of the intertidal beach profile can be reconstructed. Our results clearly show the potential of such method to estimate complex intertidal beach profile, such as double-slope beaches.

**Keywords:** Nearshore, reflection, cut-off frequency, runup, beach slope, wave spectrum

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## 1. Introduction

Measurements of beach morphology using traditional methodologies are expensive and time-consuming to obtain. Existing techniques to remotely estimate the intertidal beach profile are based on terrestrial video imagery (e.g. Aarninkhof et al., 2003; Almar et al., 2011; Didier et al., 2017) and Lidar (Blenkinsopp et al., 2010; Philipps et al., 2019) or a combination of both (Andriolo et al., 2018). As such, the ability to estimate the intertidal beach profile based on off-the-coast wave measurements would be a valuable alternative solution which is explored in the present work. Linking wave reflection to the equilibrium beach profile (e.g. Anthony, 1998; Bernabeu et al., 2003; Ludka et al., 2015) is not new. For example, the pioneering studies of Iribarren and Nogales (1949) and Miche (1951) based on laboratory experiments linked incoming waves with surf zone slope, hence vertical acceleration versus gravity, summarized by the surf-similarity number  $\xi$  (Battjes, 1974):

$$\xi = \frac{\tan\alpha}{\sqrt{\frac{H}{L}}} \quad (1)$$

where  $\alpha$  is the surf zone slope, and  $H$  and  $L$  the offshore wave height and wavelength respectively, assuming monochromatic waves and a planar slope. Numerous field observations show that this predictor does not work well for irregular waves and complex bathymetry such as two-slope beaches (Mizuguchi, 1984; Elgar et al., 1994; Miles & Russell, 2004). Studies such as Sutherland and O'Donoghue (1998) successfully link wave reflection to the ratio between inclined wall length and shallow water wavelength for the case of an impermeable sloping seawall. Considering an inclined structure, Taira and Nagata (1968) and Suhayda (1974) demonstrate the role played by the swash slope alone in controlling reflection, which is not accounted for when estimating reflection from  $\xi$ , though it is noted that their analysis is not valid for natural beaches.

Regarding the spectral signature of reflected waves, significant research effort has been devoted to investigating the link between  $\xi$  and the saturation of short waves due to depth-induced breaking (Sallenger & Holman, 1985; Raubenheimer et al., 1996; Baldock & Holmes, 1999; Guedes et al., 2013). In a recent review, Hugues et al., (2014) suggest that wind- and swell-waves (with period  $T < 20$  s) are commonly saturated and dissipate (Hughes and Fowler, 1995; Hughes and Mosseley, 2007; Holland et al., 2001), particularly on flattest beaches while the

saturation of longer infragravity waves ( $T > 20$  s) is less common (Bowen, 1977; Ruessink et al., 1998). Despite this, recent observations have shown that saturation can extend to the infragravity band (Ruggiero and Holman, 2004; Senechal et al., 2011) and infragravity waves can be dissipated through breaking (Van Dongeren et al., 2007; de Bakker et al., 2014; Bertin et al., 2018). Observations at very steep beaches show reflection even in the gravity band (Almar et al., 2014; 2018a). In the swash zone, several authors (Huntley et al., 1977; Guza and Thornton, 1982; Ruessink et al., 1998) describe a swash spectra saturation roll-off around  $f^3$  (with  $f$  the frequency) based on theoretical analysis and observation. This obviously reflects surf-zone wave transformation but is also thought to result from swash-swash interactions that limit the growth of runup with offshore waves (Baldock and Holmes, 1999; Brocchini and Baldock, 2008). The link between the saturation tail of swash, beach slope, and reflected waves has not yet been clearly established, in particular for incoming broadband spectra at complex beaches (e.g. different surf and swash slopes).

This paper provides insights on how the intertidal beach profile can be estimated from the reflected wave spectrum. In the Section 2, datasets at three distinct natural beaches covering a range of conditions from dissipative to highly reflective are presented. In Section 3, the relationship between swash spectrum saturation and reflection cut-off frequency, and the related link between the cut-off frequency and the swash slope is investigated. A new method based on these results is applied to estimate daily intertidal beach profiles from offshore wave measurements. Some concluding remarks are provided in Section 4.

## 2. Data and methods

### 2.1 Field data

The data used in this paper were collected during three experiments undertaken in 2012-2013 at contrasting field sites (Figure 1). A dissipative beach experiment was conducted at Mataquito, Chile, from November 28th to December 14th, 2012 (Figure 1.a, Cienfuegos et al., 2014; Almar et al., 2014a). Mataquito is a medium grain-sized ( $D_{50} = 0.2$  mm), alongshore uniform, barred beach with a micro-tidal range and a wave climate dominated by swell waves (annual mean significant wave height,  $H_s \sim 2.4$  m, peak period  $T_p \sim 12$  s, predominantly from the SW direction). An intermediate beach experiment was conducted at Nha Trang, Vietnam from

December 3rd to 10th, 2013 (Figure 1.b) during winter monsoon moderate-energy swell waves (Lefebvre et al., 2014). Nha Trang is an intermediate reflective, medium grain-sized ( $D_{50}=0.3$  mm), alongshore uniform low tide terrace beach with a micro-tidal range and a low to moderate energy wind-wave dominated climate (annual mean,  $H_s < 1$  m,  $T_p < 5$  s, E). A reflective beach experiment was conducted at Grand Popo, Benin, from February 17th to 28th, 2013 (Figure 1.c). Grand Popo is a reflective, medium to coarse grain-sized ( $D_{50} = 0.6$  mm), alongshore uniform, low-tide terraced beach with a micro-tidal range and a wave climate dominated by swell waves (annual mean,  $H_s \sim 1.4$  m,  $T_p \sim 9.4$  s, SW; Laibi et al., 2014; Almar et al., 2014b).

During the three experiments, significant wave height  $H_s$  was moderate (0.9m to 1.5m) with the tide ranging between 1.1 and 1.8m. Upper shoreface slope was 0.06, 0.13, and 0.15 at Mataquito, Nha Trang and Grand Popo respectively. Iribarren number  $\xi$  ranged from 0.8 at Mataquito, the most dissipative beach, to 2.3 at the most reflective, Grand Popo.

Swash slope is computed daily from differential GPS topographic surveys and tidal levels. Offshore waves (Figure 1) are estimated from hourly directional wave measurements using an Acoustic Doppler Current Profiler (ADCP) located in a water depth of approximately 10 m at all sites. Incoming and outgoing wave heights were separated from the directional energy density (representing the variance associated with the defined frequency band and the variation of the incidence angle from the shore-normal direction, see Almar et al., 2014b), following the method described by Sheremet et al. (2002) and Almar et al. (2018), integrating from the lower to upper cut-off frequency within the gravity-infragravity band (0.02 Hz-0.5 Hz). Swash monitoring using shore-based video was undertaken at 2 Hz during daylight hours at the three experiment sites (Almar et al., 2017, 2018a). Time series of pixel intensity were sampled along a cross-shore line (Holland and Holman, 1993), to create timestacks in order to measure swash runup spectra (Figure 1) using the method described in Almar et al., (2017). Rectification of images from pixels into real world coordinates was accomplished by direct linear transformation using DGPS ground control points (Holland et al., 2013) after a correction of the radial lens distortion (Heikkila and Silven, 1997). Although varying somewhat throughout the field of view, the pixel footprint was less than 0.1 m in the cross-shore direction over the swash zone.

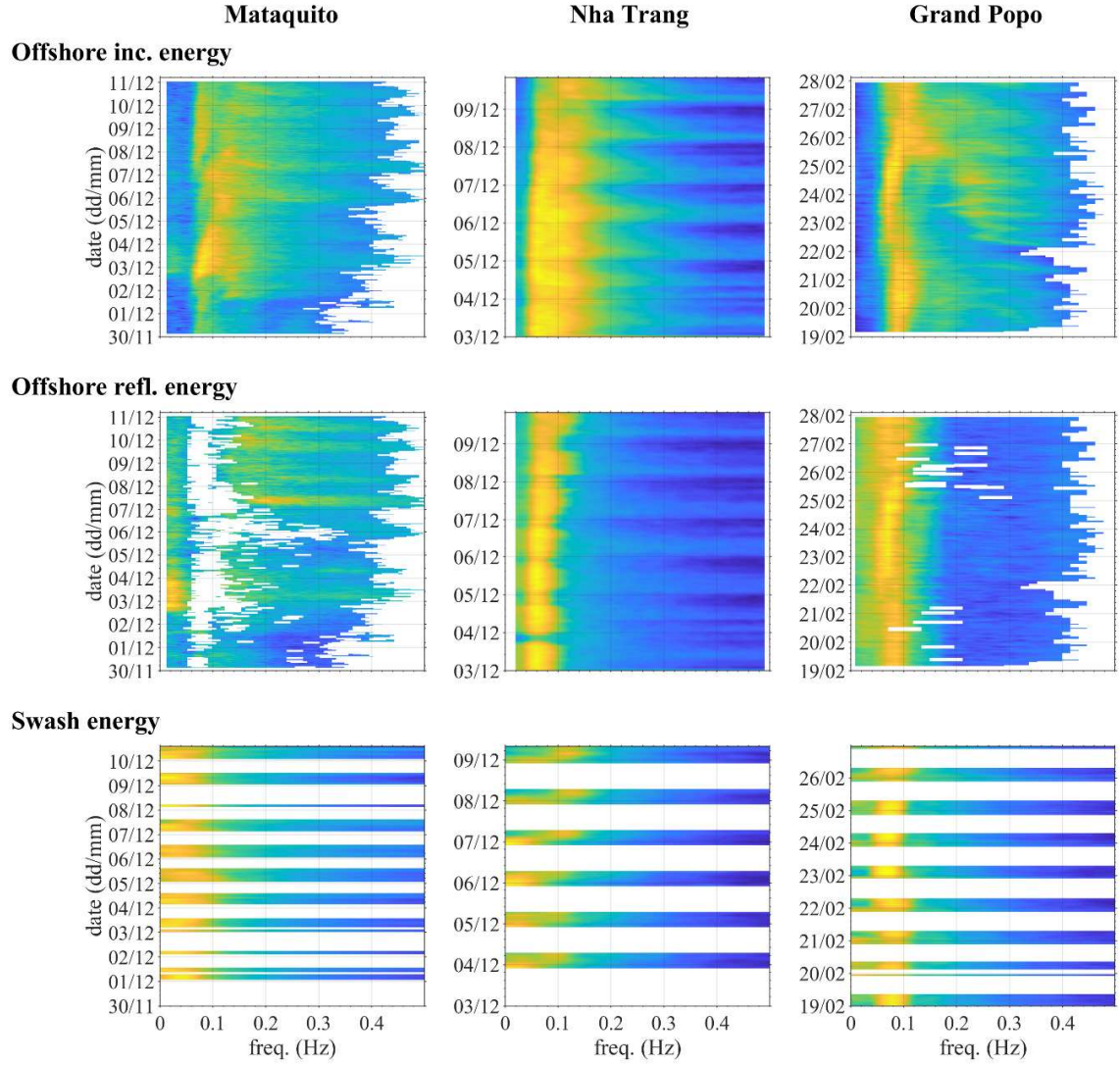


Figure 1: Incoming and reflected wave spectra at the ADCP ( $\sim 10$  m depth) in upper and mid panels respectively. Swash spectra from video (during daylight hours) are shown in lower panels. All spectra are normalized.

### 3. Results and discussion

#### 3.1. Swash saturation and reflected spectrum

The horizontal runup spectra in the lower panels of Figure 1 show a saturation at higher frequencies ( $f > 0.1$  Hz?). The tail of saturation extends into the infragravity band ( $f < 0.05$  Hz) for the dissipative beach of Mataquito whereas the entire swell-band is unsaturated for the highly reflective beach of Grand Popo. Following the method described in Ruessink et al. (1998), the highest unsaturated frequency (tail of the  $f^{-3}$  roll-off) is extracted from hourly spectra and termed the swash cut-off frequency  $fc_{swash}$ . This definition is found to be sensitive to the shape of the spectrum, in particular when multiple peaks are observed, but it generally offers a reasonable estimate. While reflected waves propagate offshore and de-shoal, the value of  $fc$  is rather constant. With the aim of linking swash saturation with offshore reflected waves,  $fc_{offshore}$  is also computed from offshore wave directional spectra (Figure 1, upper and mid panels), and defined as the highest frequency for which the ratio of outgoing over incoming wave energy is greater than 0.25. Figure 2 shows that a good fit ( $r^2 = 0.68$ , significant at 95% level) is obtained between  $fc$  computed from swash and offshore waves with only a minor bias (0.93).

Hourly  $fc_{offshore}$  is more closely linked to the swash slope  $\alpha$  than to  $\xi$  computed using  $\alpha$ , with correlation coefficients of 0.71 and 0.46, respectively. Confirming the observations of Hughes et al. (2014), this indicates that  $fc_{offshore}$  primarily depends on the swash slope  $\alpha$  and is rather independent to incoming waves that are also included in  $\xi$ . Figure 3 shows that  $fc$  increases with  $\alpha$ , with a linear least square best fit giving  $fc_{offshore} \sim 0.56\alpha$ . Average  $fc_{offshore}$  values in the infragravity range 0.02 Hz ( $T_c = 39$  s) are observed for the low gradient Mataquito beach ( $\alpha = 0.05$ ) and in the gravity range 0.07 Hz ( $T_c = 14$  s) at the steep Grand Popo beach ( $\alpha = 0.15$ ).

On dissipative beaches, rather dominated by surf zone processes, reflection can be appropriately scaled up using deep water parameters (Guza and Thornton, 1982; Diaz-Sanchez et al., 2013). A reflection indicator based on swash processes is less accurate, as swash processes may not be the main control factor, or noise in reflection data is important in relation to the signal itself (Guedes et al., 2011). The reflection coefficient of wave energy is variable within and outside the surf zone, as described by Baquerizo et al. (1997). In contrast, the cut-off frequency of reflected waves is less affected by a complex submerged morphology (Davies, 1982; Mei, 1985) and the transformation of waves (Yu and Mei, 2000) and therefore more conservative. Nevertheless, waves may undergo partial reflection on the shore, followed by re-reflections (Miche, 1951; Elgar et al., 1994, 2003), with wave transformation including frequency transfers

that inherently weaken the link between swash dynamics and offshore waves. The dispersion on Figures 2 and 3 can also be partly attributed to noise from directional wave measurements in coastal waters. The ADCP may have difficulty capturing the shortest waves in relatively deep waters. Noise can also result from the notoriously difficult detection of the swash from video imagery (Vousdoukas, 2014). Although the Radon Transform method (Almar et al., 2017) based on motion (i. e. flow) detection is expected to be better suited when studying swash shape rather than colour contrast used in pioneering studies of Holland & Holman (1993) and Holland et al. (2001, 2013), deriving swash spectrum and its saturation tail from video remains a challenge.

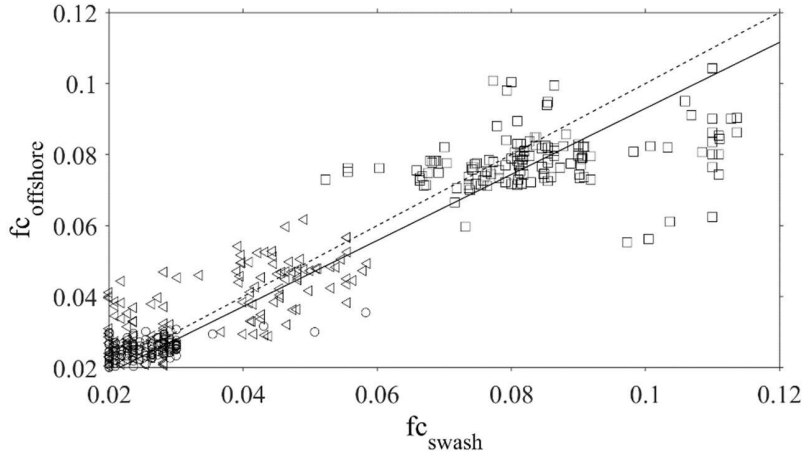


Figure 2: Hourly cut-off frequency from offshore wave measurements ( $fc_{offshore}$ ) at Grand Popo (squares), Nha Trang (triangles) and Mataquito (circles) as a function of cut-off frequency computed from swash spectra ( $fc_{swash}$ ). Solid line stands for linear best fit ( $fc_{offshore} = 0.93 fc_{swash}$ ,  $r^2 = 0.68$ , significant at 95% level) while dashed line is 1:1.



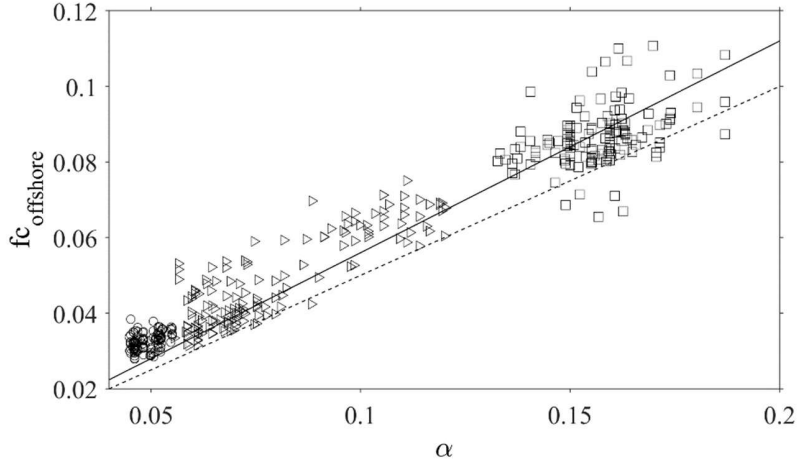


Figure 3: Hourly cut-off frequency from offshore wave measurements ( $fc_{\text{offshore}}$ ) at Grand Popo (squares), Nha Trang (triangles) and Mataquito (circles) as a function of swash slope  $\alpha$ . Solid line stands for linear best fit ( $fc_{\text{offshore}} = 0.56\alpha$ ,  $r^2 = 0.71$ , significant at 95% level) while dashed line is  $fc_{\text{offshore}} = 0.5\alpha$ .

### 3.3. Profile reconstruction from swash-based reflection

The link between  $\alpha$  and  $fc$  is used here to invert the intertidal beach profile from offshore estimates of  $fc$  at different beaches and tidal levels. The vertical resolution of the method depends on the ADCP sampling frequency (hourly here) and the tidal range, thus the vertical resolution is no larger than  $\sim 0.25$  m at mid tide for these micro-tidal sites. The horizontal resolution depends on the swash slope. The profile is reconstructed by integrating the swash slope estimates over a full tidal cycle. Figure 4 shows the application of the method to daily beach profile reconstruction at the three sites. Note that the new method provides only the swash slope and not the horizontal location of this slope, thus the position of the profile toe has to be provided. A global translation of the profile could not be detected with this equilibrium method which captures the shape changes of the intertidal profile. Nevertheless, the profile estimates show a good overall agreement with the surveys for the three sites, and the new method is able to capture the observed breaks in slope. RMS errors on the daily profiles are 0.15, 0.06 and 0.04 m respectively for Grand Popo, Nha Trang and Mataquito with the error increasing with the beach slope. Noteworthy, the relatively large error observed at Grand Popo might also be attributed to the

presence of a cusped pattern (Senechal et al., 2014; 2015; Almar et al., 2018b) as well as the steep, reflective nature of the beach. The resulting small-scale ( $\sim 30$  m) alongshore irregularities in the swash are not captured by the method and are smoothed out at the location of wave measurements. Because of this, the alongshore resolution of the method depends on the distance to the shore and the method is expected to always perform better at alongshore-uniform beaches.

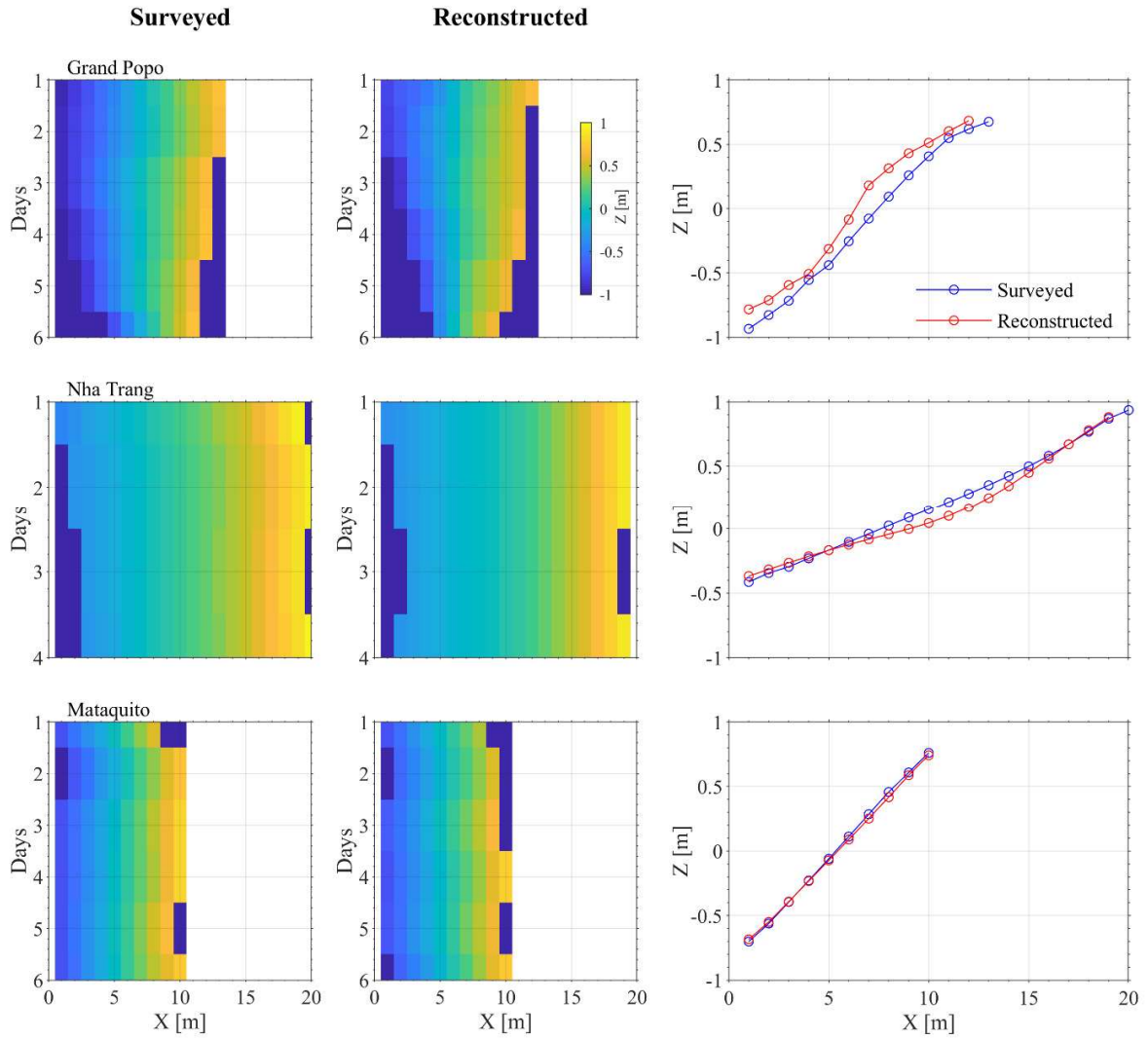


Figure 4: Intertidal beach profile. The daily surveyed profiles are shown in the first column and those estimated from the offshore ADCP in the second column. In the third column are shown the averaged profiles over the duration of the experiments of surveyed and estimated profiles. The reconstructed profile horizontal origin is set according to the survey data. The circles in the right panels indicate the center of each of the incremental sections of the profile.

#### 4. Conclusions

The reconstruction of the intertidal beach profile from reflected waves was tested using three field datasets covering a wide range of hydro-morphological conditions: dissipative (Mataquito beach), intermediate (Nha Trang beach), and reflective (Grand Popo beach). The swash was found to behave as a low-pass filter on reflected waves, with a cut-off frequency that primarily depends on swash slope. Despite the multiple sources of scatter, reasonable agreement was found between video-derived swash spectrum saturation tail and the shortest reflected waves, computed from deep water directional wave measurements. The potential to estimate these parameters remotely makes an estimation of the swash slope possible from offshore wave measurements. By integrating this swash slope over a tidal cycle, the intertidal beach profile can be reconstructed. Although the method is able to capture changes in the shape of the profile, it may not be possible to monitor the change in volume related to a cross-shore displacement of the profile (either accretion or erosion) that would be interpreted as "no change". Our results clearly show the potential of this method to estimate complex intertidal beach profile with RMS errors smaller than 0.15 m. In our dataset, the error increases with the beach slope; bigger errors are expected for steeper slopes. The results presented in this paper demonstrate the potential of this new method, however it is recommended that the approach be tested at further sites with longer timeseries to better confirm the general applicability.

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